

St Ives | Sample Itinerary for Schools



An introduction to St Ives

St Ives draws visitors and students from all over the world; people are attracted by its famous light, iconic art institutions and sheer beauty; to that end Cohort Hostel is pretty lucky to be situated right in the centre of town, not only can our guests walk everywhere but they are also just steps to the nearest beach. It's a great place to be any time of year.

Student trips are hugely diverse and every class will have different requirements, this sample itinerary is by no means comprehensive and everything can be customised to meet the needs of your students and focus of your curriculum.

What this eBook does do is illustrate how an trip to St Ives can be truly relevant and inspirational.



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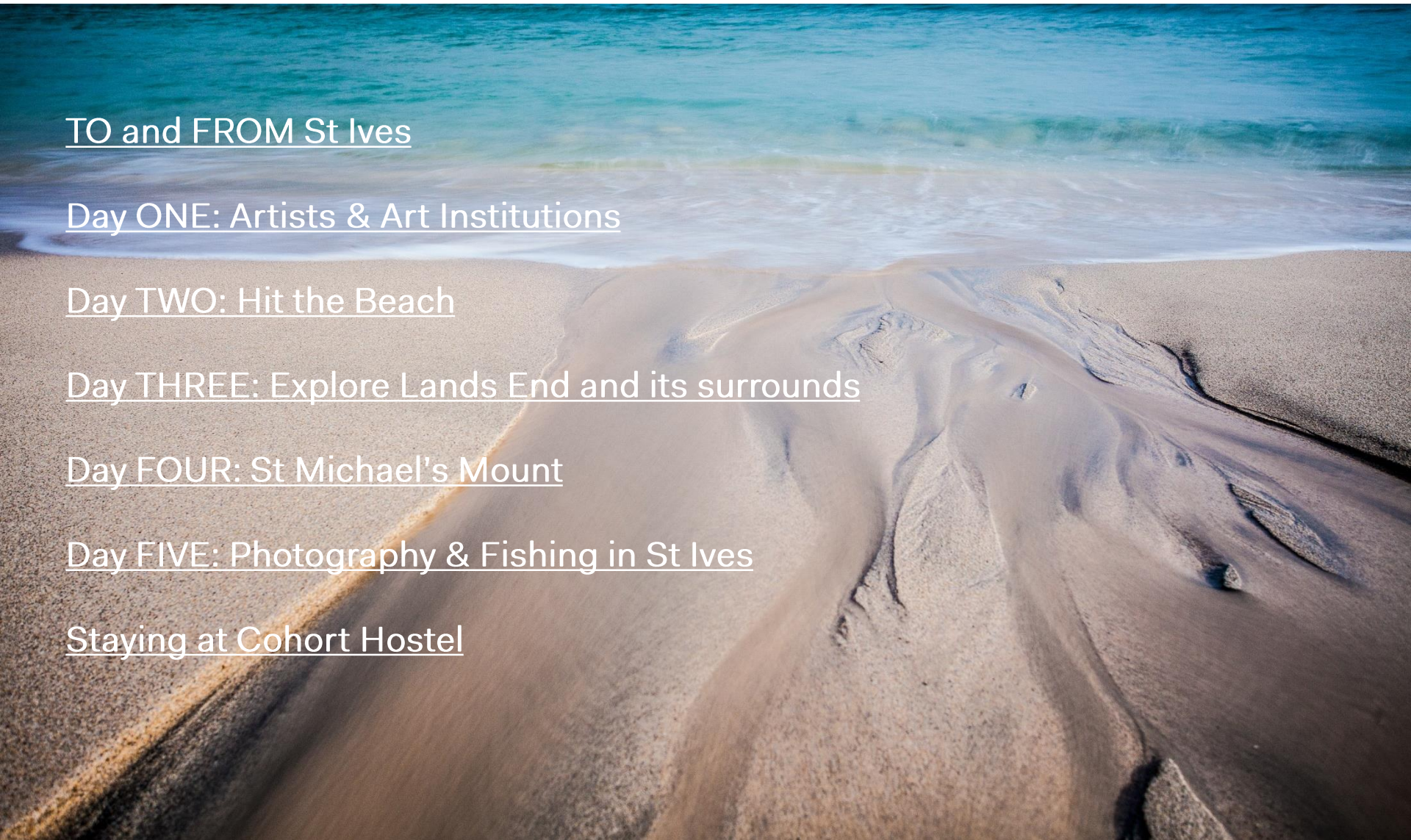
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To and From St Ives



On the way down visit...

The following sites could be easy day trips from St Ives if that's your preference.

The Eden Project

Just an hour's drive from St Ives is the Eden Project. Nestled in a huge crater are massive Biomes housing the largest rainforest in captivity: Stunning plants, exhibitions and stories serve as a backdrop to the striking contemporary gardens, summer concerts and exciting year-round events.

Bodmin Jail

An hour away from St Ives you'll find Bodmin Jail where you can discover life behind bars as an 18th Century prisoner in the heart of Cornwall. Visitors can wander through the depths of the Jail, over six levels, and browse creative exhibits depicting penal life in Victorian Cornwall.

Visit the cold dank cells, look up at the thin rays of light filtering through a small barred window and imagine being sentenced to even a week in such desolation.

On the way home visit...

Tintagel Castle

Immerse yourself in history, myths and stunning scenery at Tintagel Castle set high on Cornwall's rugged north coast. Inextricably linked with the legend of King Arthur, for centuries this dramatic castle and coastline has fired the imaginations of writers, artists and even the brother of a king.

You'll find Tintagel Castle an hour from St Ives.

Lanhydrock House & Gardens

45 minutes from St Ives discover the world of Lanhydrock. An unpretentious family home where you can explore the two sides of Victorian life – from the servant's quarters, kitchens and nurseries to the luxurious family areas perfectly depicting the 'upstairs / downstairs' life of the Victorians.

One of the National Trust's most visited properties Lanhydrock sits in 125 acres of stunning woodland and landscaped gardens and is the perfect stopping point on the way to or from St Ives.

Day ONE: Artists and Art Institutions



Tate Gallery, St Ives

Morning

Tate St Ives & Barbara Hepworth Sculpture Garden

The new Tate St Ives is housed in a purpose-built building on the site of an old gas works. In prime position overlooking Porthmeor Beach the Tate houses challenging, contemporary exhibitions, a permanent collection of the St Ives artists and a beautiful café and art shop.

Take an interactive tour of Tate St Ives, let an artist show you how to interpret the art and engage with it while learning about how a tiny fishing village became the world centre of contemporary art in the 1960s.

Visit the Barbara Hepworth Museum and Sculpture Garden in the heart of St Ives; this offers a remarkable insight into the work and outlook of one of Britain's most important twentieth century artists. Sculptures in bronze, stone and wood are on display in the museum and garden, along with paintings, drawings and archive material.

Afternoon

Leach Pottery Workshop

The Leach Pottery offers workshops across all key stages. Their full educational workshop runs for 2 hours and includes a hands-on pottery workshop in their education room. Firing and glazing is charged as an optional extra and work can be sent on to you so you don't have to worry about collecting it within the time frame of your trip.

All workshops can incorporate a specific theme if relevant to your curriculum.

Evening

Ghost Walk around St Ives

Let Shanty Baba, St Ives' most famous storyteller, take you on a spooky walk around St Ives in the dark. Follow his lantern as he leads you through narrow, cobbled streets, cemeteries and parks introducing you to the darker side of St Ives' history.

Day TWO: Hit the Beach



Surf Lesson with St Ives Surf School, Porthmeor Beach

All day

BIG BEACH DAY with St Ives Surf School

Hit the beach for 10am to spend the day with St Ives Surf School. Their Big Beach Day includes water sport activities...

Choose from:

- Surfing
- Kayaking
- Coasteering
- Stand Up Paddleboarding

...as well as talks from and about the RNLI (Royal National Lifeboats), our oceans and the environment. Other activities will include a short beach clean and beach volleyball.

Evening

Chill out

After a day on the beach everyone will be tired out so just chill out at the hostel for a couple of hours before shooting over the road to the cinema for a movie night.

Day THREE: Explore Lands End and surrounds



Minack Theatre, Porthcurno

Morning

Lands End

Drive to Sennen Cove, a beautiful, remote fishing village near Lands End. Park up and walk an easy mile along the coast path to Britain's most Westerly point. By walking to Lands End you get spectacular views while avoiding the tourist-trap shops and entertainment at Lands End itself.

Minack Theatre & Porthcurno Beach

Have the coach pick you up from Lands End and take to you to the Minack Theatre, one of Cornwall's most spectacular sites.

An amphitheatre built into the Cornish cliffs; constructed stone by stone over decades by Rowena Cade and her gardener.

Eat your packed lunch overlooking the Atlantic Ocean and if it's the right time of year take in a show in the most unique setting you'll ever see a performance. Shows run regularly from May / June – September.

Afternoon

Porthcurno Telegraph Museum

Visit this fascinating and interactive museum, perched high above Porthcurno Beach.

This museum was once the largest telegraph station in the world. The beautiful beach at Porthcurno has been the location of a communications revolution since 1870. With sub-tropical gardens, underground WW2 tunnels and extensive exhibitions to captivate enquiring minds this makes a great couple of hours for all educational groups.

Evening

County Skittles and dinner

If anyone has any energy left visit Country Skittles on the way home. Have a great meal and get in a few games of traditional skittles (like 10 pin bowling but with wooden balls and less pins).

Day FOUR: St Michael's Mount



St Michael's Mount, Marazion (Penzance)

Morning

St Michael's Mount

Drive 20 minutes to Marazion, a small village on the North Coast of Cornwall; from here you can access the amazing St Michael's Mount.

A fortress off the coast of Cornwall and accessible by land via the Causeway only when the tide is out. When the tide is in you can reach the island by boats which run backwards and forwards from the mainland.

Take a tour or just walk yourself around this amazing castle where, from the turrets, you have spectacular views of Cornwall's south coast.

After visiting the castle you can spend time in the landscaped gardens or exploring the little fishing village of Marazion.

Afternoon

Cycle the South Coast

From Marazion pop over to Lands End Cycle Hire in Long Rock where you can hire bikes and cycle through some of the most beautiful scenery in Cornwall; follow a guide or make your own way along the coast.

OR

Geevor Tin Mine

Visit Geevor Tin Mine near Pendeen and learn what life was like for a Cornish Miner. Put your hard hat on and go down into the old mine, Geevor is a hands-on site with a large educational trips department.

Evening

Chill out in St Ives

After dinner enjoy St Ives in the evening and don't forget to grab some local ice cream from the harbour ice cream parlours.

Day FIVE: Photography & Fishing in St Ives



Morning

Fishing trip

From the harbour in St Ives go fishing with Bluefin Charters.

Bluefin is an offshore 32 with all the latest technology; it's skippered by keen angler, Sam, who will be on hand to help you through your trip.

St Ives has some of the best fishing grounds in the UK with beautifully clear water and masses of mixed species. Beginners are welcome and it's a wonderful opportunity to see St Ives from the water.

Afternoon

Photography Walking tour

Join Chris Webber as he takes you on an interactive, photography tour of St Ives. Not only will you get the opportunity to learn more about St Ives but Chris will instruct you on how to get the best possible photos of the town for your scrapbook (or Facebook!). Whether you are using your smart phone or an SLR camera you're guaranteed to come away with great shots!

Evening

The Last Supper

Head up to the St Ives Brewhouse Café for an amazing, private dining experience with spectacular views of St Ives.

Great food and great service - make your last night one to remember.



Staying at Cohort Hostel



Staying at Cohort

Cohort Hostel resides in a Grade II listed building in the centre of St Ives. A multi-award winning hostel, Cohort's accolades include a Learning Outside the Classroom Site Provider Award, a Gold Green Tourism Award and a Gold for Best Accommodation at the British Youth & Travel Awards.

Plenty of Space for class activities

Our large lounge (pictured on previous page) allows groups plenty of space to conduct seminars, deliver one-on-one tutorials or just hang out to discuss the days' activities.

We also have a small dining room which is a peaceful space students can use during the day and our TV area is perfect for chilling. We also have a big screen and projector for movie nights!

Food at Cohort

We can provide all your food - **breakfast** , **packed lunch** and **evening meals** as well as all the facilities you need to do your own catering.

Alternatively pick and choose from a great selection of options in town including a number of cafes and restaurants who can cater for groups, some offering private dining options.

Staying at Cohort

Ideal facilities

Superfast WiFi through to laundry facilities; cinema screen and projector through to comfortable beds; clean, modern shower & toilet blocks through to a private courtyard; unique dorm rooms and private rooms for teachers through to professional, friendly staff and clear health & safety policies.

Free planning trip

Once a trip is booked we offer a free stay for staff to come down and check us out prior to the visit; it's also a good opportunity to talk to us about any specific requirements you might have.

Kitchen



Dorms



Bathroom



Staying at Cohort: You're in good hands



GOLD



BRONZE



Tourism
Excellence
Awards
2018 - 2019
GOLD



Cohort Hostel



We would love to work with you to organise a fabulous trip so do get in touch if you have any questions or think we can help.

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