



S  
N  
O  
P  
O  
D  
O  
O  
F

At Cohort Hostel we have a fully equipped self-catering kitchen for all guests to use. In addition we can offer the following food options for groups of 8+ staying at least 2 nights:

### Breakfast

Self-service breakfast @ **£1.80 per person per day**. The breakfast consists of:

- Assortment of cereals
- Milk
- Toast
- Jams/marmalade
- Tea/coffee/orange juice/apple juice

Vegan and gluten free breakfasts can also be arranged.

Your breakfast is kept in your own cupboard in the kitchen for you to help yourself to in the mornings; you also have a dedicated section of the fridge for your group.

### Packed Lunches

Packed lunch @ **£4.60 per person per day**. Each packed lunch consists of:

- 1 round of sandwiches

### PLUS

- 1 packet of crisps
- 1 piece of fruit (banana / apple)

You will be asked to complete a form at least 2 weeks prior to arrival for your students and staff.

Vegan and vegetarian options included

Gluten free packed lunches have a surcharge of £1.50/person/day and are only available with pasties; unfortunately we cannot provide gluten free sandwiches.

As we are plastic-free at Cohort we do not provide bottled water as part of the packed lunch and instead encourage students to bring their own reusable, refillable water bottles: All water at the hostel is suitable for drinking and we have water points throughout. If you would prefer us to provide water the cost will be **£5.25 per person per day** and we will supply canned water or a juice carton.



# COHORT

S  
N  
O  
T  
H  
O  
O  
D  
O  
O  
F

## Evening Meals

- At Cohort we work with [Dine In St Ives](#), who provide beautiful, home cooked (evening) meals to the hostel at a time of your choosing. The head chef, Ian, offers a variety of menus, all of which are 2 courses, for you to choose from and the price is just £10.95/head.
- We have a fully equipped **self-catering kitchen** available which you can use to cook meals and we're happy to accept an online shop in advance of your arrival.
- There are many **restaurants in St Ives** that can cater for groups, including:
  - [The Hain Line](#) (Wetherspoon pub, 2 min walk) – 01736 792920
    - While these guys have a huge amount of space please note that they will not take reservations during the summer months.
  - By the Sea (1 min walk) – [bytheseaseafood@gmail.com](mailto:bytheseaseafood@gmail.com)
    - They can cater for groups of up to 42 in the restaurant.
  - [The Hub Bar](#) (quality American diner style menu, 5 min walk, on harbour front). 01736 799 099.
  - [The Balcony Bar](#) (burgers and fries, 6 min walk on harbour front). 01736 798482
- If you would like **Private Dining** for your group of 20+ then the [St Ives Brewhouse](#) is a fabulous option. Just an 8 minute walk from Cohort you can have dinner overlooking the whole of St Ives and they can cater for groups of up to 50 people both outdoors and indoors depending on the weather.
  - For £18/head they can do a great Italian themed dinner (with veggie options) with dessert and a non-alcoholic drink.
- We have several **takeaway options** nearby:
  - Pels cafe/takeaway - 01736 795006
  - St Ives Pizza Company – 01736 794030 [www.stivespizza.com](http://www.stivespizza.com) (mention us to get a 20% discount)
  - By the Sea Fish & Chips – [bytheseaseafood@gmail.com](mailto:bytheseaseafood@gmail.com)
  - Hong Kong Kitchen (Chinese) – 01736 798257 [www.hongkongkitchen.co.uk](http://www.hongkongkitchen.co.uk)
  - Rajpoot Indian – 01736 795307 [www.rajpoot.moonfruit.com](http://www.rajpoot.moonfruit.com)
- If you would like **food delivered** we highly recommend:
  - [Ruby June's Indian Kitchen](#) who will deliver and serve a vat of curry (meat with a veggie option), rice and a pautoori bread for around £9.95/head.